

Shri Babu Singh Jay Singh Ayurvedic Medical College & Hospital (AYU0356)

Bhaupur, Bewar Road, Fatehgarh, Dist.-Farrukhabad U.P. 209602

Weekly Report of Telemedicine & Online Consultation for COVID 19

S. No.	Date	Mode of Consultation	First Consult /Follow Up	Patient Name	Age/Sex	Address	Patient Complaints	Advice & Treatment	Consulting Doctor Name
1	24/05/2021	Audio	First Consult	Anshuvarni	26/F	Nadaura	Sore throat, dry cough, malaise	1-Tab Ashwagandhu ghan vati 500mg B.D with warm water 2-Tab Guduchi Ghrita vati 500mg B.D with warm water 3- Yashtimadhu Churna 3gram B.D with honey. Advice- Gargling with warm water with an added pinch of turmeric & salt. Steam inhalation with eucalyptus, eucalyptus, eucalyptus use a day. Take sleep 7-8 hours. 1-Tab Sudarshan ghan vati 500mg B.D with warm water 2-Tab Vyoshadi vati 2 Pilla 3 times for chew 3-Nagaradi Kashaya 20ml B.D Advice 1-Physical distancing 2-Hand hygiene, wear mask 3-George with warm water along with an added pinch of turmeric & salt. 4-Nasal application of Anantala 1 twice a day.	Dr. Banshana
2	24/05/2021	Audio	Follow up	Hemvati	22/F	Farrukhabad	Mild Fever, Headache, Sore throat, Nasal congestion	1- Tab Ashwagandhu ghanvati 250mg B.D. With warm water, 2- Samiti powder 500mg B.D. with warm water. Advice - Take Lukewarm water, Take milk with holdi at Night. Take all medicine 15 days. 1-1 Tab Sudarshan Ghan vati 500 mg B.D with warm water 2-2 Tab Ashwagandhu ghan vati 500mg B.D with warm water 3-3 Sitopaladi churna 3 g B.D with Honey Advice 1-Physical distancing 2-Hand hygiene, wear mask 3- Nasal application of Anantala 2 drop Twice a day 4- Sleep 7-8 hours	Dr. Saritroh
3	24/05/2021	Audio	First Consult	Narad	39/M	Mohammadabad	Headache, dry cough, sore throat	1-1 Tab Sudarshan Ghan vati 500 mg B.D with warm water 2-2 Tab Ashwagandhu ghan vati 500mg B.D with warm water 3-3 Sitopaladi churna 3 g B.D with Honey Advice 1-Physical distancing 2-Hand hygiene, wear mask 3- Nasal application of Anantala 2 drop Twice a day 4- Sleep 7-8 hours	Dr. Bhavsham
4	24/05/2021	Audio	First Consult	Pratishd Singh	41/M	Misal	Mild Fever, loss of taste, cough, fatigue	Hingvastak churna 3g BD with food, Tab- Guduchighan vati 2 tabs B.D with warm water, Haridrai churna 8 gm at night with warm water	Dr. Nikar Rajan
5	24/05/2021	Audio	First Consult	teby	20/F	Haridai	Loose of Appetite, mild fever	1- Tab Guduchi ghan vati 500mg B.D with warm water 2- Tab Ashwagandhu ghan vati 500mg with warm water 3- Tab AYUSHI 64 500mg 2 tabs B.D with warm water. Advice - Take Milk with holdi at night. Take water processed with Ulashi 1-1 Tab Sudarshan Ghan vati 500 mg B.D with warm water 2-2 Tab Ashwagandhu ghan vati 500mg B.D with warm water 3-3 Sitopaladi churna 3 g B.D with Honey Advice 1-Physical distancing 2-Hand hygiene, wear mask 3- Nasal application of Anantala 2 drop Twice a day 4- Sleep 7-8 hours	Dr. S.K. Bishnoi
6	24/05/2021	Audio	First Consult	Manojit	20/M	Palakya	Mild Fever, loss of taste, cough, fatigue	1-1 Tab Guduchi ghan vati 500mg B.D with warm water 2- Tab Ashwagandhu ghan vati 500mg B.D with warm water 3-3 Sitopaladi churna 3 g B.D with Honey Advice 1-Physical distancing 2-Hand hygiene, wear mask 3- Nasal application of Anantala 2 drop Twice a day 4- Sleep 7-8 hours	Dr. S.K. Bishnoi
7	24/05/2021	Audio	First Consult	Raghuveer	36/M	Palakya	Mild Fever, loss of taste, cough, fatigue	1-1 Tab Guduchi ghan vati 500mg B.D with warm water 2- Tab Ashwagandhu ghan vati 500mg B.D with warm water 3-3 Sitopaladi churna 3 g B.D with Honey Advice 1-Physical distancing 2-Hand hygiene, wear mask 3- Nasal application of Anantala 2 drop Twice a day 4- Sleep 7-8 hours	Dr. Nikar Rajan

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8/26/05/2021	Audio	First Consult	Ramrajn	59/M	Sakvari	Mild Fever, loss of taste, cough, fatigue	<p>1-Tab Sudarshan Ghn vari 500 mg B.D with warm water</p> <p>2-Tab Ashwagandha ghan vari 500mg B.D with warm water</p> <p>3-Stopoladi churna 3 g B.D with Honey</p> <p>Advice</p> <p>1-Physical distancing</p> <p>2-Hand hygiene, wear mask</p> <p>3- Nasal application of Anutaila 2 drop Twice a day</p> <p>4- Sleep 7-8 hours</p>	Dr. Shivam Chaudhey
9/25/05/2021	Audio	First Consult	Ashwadeh	23/M	Niyematur	Headache, dry cough, sore throat	<p>1- Tab Ashwagandha ghan vari 250mg B.D With warm water</p> <p>2- Sannhi powder 500mg B. D. with warm water</p> <p>Advice - Take Lukewarm water, Take milk with half at Night</p> <p>Take all medicine 15 days</p> <p>1- Tab Ashwagandha ghan vari 250mg B.D With warm water</p> <p>2- Sannhi powder 500mg B. D. with warm water</p> <p>Advice - Take Lukewarm water, Take milk with half at Night</p> <p>Take all medicine 15 days</p>	Dr. S.K. Bhatnagar
10/15/05/2021	Audio	First Consult	Verani	29/F	Milampur	Headache, dry cough, sore throat	<p>1- Tab Ashwagandha ghan vari 250mg B.D With warm water</p> <p>2- Tab Guduchi Ghyan vari 500mg B. D. with warm water</p> <p>3- Yashtimadhu Churna 3gram B. D. with honey</p> <p>Advice- Gargling with warm water with an added pinch of turmeric & salt, Steam inhalation with ghwari, pedana, karpore one a day</p> <p>Take sleep 7-8 hours</p>	Dr. Bhatnagar
11/25/05/2021	Audio	Follow up	Anuj	36/M	Ahertal	Sore throat, dry cough, malaise	<p>1-Tab Sudarshan ghan vari 500mg B.D with warm water</p> <p>2-Tab Vyoshadi vari 2 Pills 3 times for chew</p> <p>3-Nagprati koshaya 20ml B.D</p> <p>Advice</p> <p>1-Physical distancing; Hand hygiene, wear mask</p> <p>2-Corple with warm water along with an added pinch of turmeric & Salt</p> <p>3-Nasal application of Anutaila Twice a day</p>	Dr. Santosh
12/25/05/2021	Audio	Follow up	Ramrajn	30/M	Rampur	Mild Fever, Headache, Sore throat, Nasal congestion	<p>1-Tab Sudarshan Ghn vari 500 mg B.D with warm water</p> <p>2-Tab Ashwagandha ghan vari 500mg B.D with warm water</p> <p>3-Stopoladi churna 3 g B.D with Honey</p> <p>Advice</p> <p>1-Physical distancing</p> <p>2-Hand hygiene, wear mask</p> <p>3- Nasal application of Anutaila 2 drop Twice a day</p> <p>4- Sleep 7-8 hours</p>	Dr. S.K. Bhatnagar
13/25/05/2021	Audio	First Consult	Rajni devi	32/F	Dharam pur	Mild Fever, loss of taste, cough, fatigue	<p>1-Tab Guduchi ghan vari 500mg B. D. with warm water</p> <p>2-Tab Ashwagandha ghan vari 500mg with warm water</p> <p>3- Stopoladi churna 3 g B.D with Honey</p> <p>Take Milk with half at night</p> <p>Take water processed with tulshi</p>	Dr. S.K. Bhatnagar
14/25/05/2021	Audio	First Consult	Ameer Singh	36/M	Bhiana	Mild Fever, malaise	<p>1-Tab Sudarshan Ghn vari 500 mg B.D with warm water</p> <p>2-Tab Ashwagandha ghan vari 500mg B.D with warm water</p> <p>3-Stopoladi churna 3 g B.D with Honey</p> <p>Advice</p> <p>1-Physical distancing</p> <p>2-Hand hygiene, wear mask</p> <p>3- Nasal application of Anutaila 2 drop Twice a day</p> <p>4- Sleep 7-8 hours</p>	Dr. Shivam Chaudhey
15/25/05/2021	Audio	First Consult	Farrukh	25/M	Mohamadabad	Mild Fever, loss of taste, cough, fatigue	<p>1-Tab Sudarshan Ghn vari 500 mg B.D with warm water</p> <p>2-Tab Ashwagandha ghan vari 500mg B.D with warm water</p> <p>3- Stopoladi churna 3 g B.D with Honey</p> <p>Advice</p> <p>1-Physical distancing</p> <p>2-Hand hygiene, wear mask</p> <p>3- Nasal application of Anutaila 2 drop Twice a day</p> <p>4- Sleep 7-8 hours</p>	Dr. Shivam Chaudhey

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16/26/05/2021	Audio	First Consult	Amitabh Singh	25/M	Pancham Nagarva	Mild fever, loss of taste, cough, fatigue	<ul style="list-style-type: none"> 1-Tab Sudarshan. Ghni vari 500 mg B.D with warm water. 2-Tab Ashwagandha ghni vari 500mg B.D with warm water. 3-Steopieladi churna 3 g B.D with Honey. <p>Advice</p> <ul style="list-style-type: none"> 1-Physical distancing. 2-Hand hygiene, wear mask 3- Nasal application of Anutala 2 drop Twice a day. 4- Sleep 7-8 hours 	Dr. Shivam Chauhan
17/26/05/2021	Audio	Follow up	Sarita devi	18/F	Geetraj pur	Loose of Appetite, mild fever	<ul style="list-style-type: none"> 1-Tab Guduchi ghni vari 500mg B. D. with warm water. 2-Tab Ashwagandha ghni vari 500mg with warm water. 3- Tab AYUSH 64 500mg 2 tab B. D. with warm water. Advice - Take Milk with haldi at night. Take water processed with tulshi. 	Dr. Shivam Chauhan
18/26/05/2021	Audio	First Consult	Neha Devi	22/F	Makpur	Mild fever, malaise	<ul style="list-style-type: none"> 1-Tab Sudarshan. Ghni vari 500 mg B.D with warm water 2-Tab Ashwagandha ghni vari 500mg B.D with warm water 3-Steopieladi churna 3 g B.D with Honey. <p>Advice</p> <ul style="list-style-type: none"> 1-Physical distancing 2-Hand hygiene, wear mask 3- Nasal application of Anutala 2 drop Twice a day. 4- Sleep 7-8 hours 	Dr. Nihar Ranjan
19/26/05/2021	Audio	First Consult	Shilpi	20/F	Karnaul	Mild Fever, loss of taste, cough, fatigue	<ul style="list-style-type: none"> 1-Tab Guduchi ghni vari 500mg B. D. with warm water. 2-Tab Ashwagandha ghni vari 500mg with warm water. 3- Tab AYUSH 64 500mg 2 tab B. D. with warm water. Advice - Take Milk with haldi at night. Take water processed with tulshi. 	Dr. S.L. Bishtal
20/26/05/2021	Audio	First Consult	Anuram	50/M	Hardi	Mild fever, malaise	<ul style="list-style-type: none"> 1-Tab Guduchi Ghni vari 500mg B. D. with warm water. 2-Tab Ashwagandha ghni vari 500mg B. D. with warm water. 3- Yastimadhu Churan 3gram B. D. with honey. Advice- Gargling with warm water with an added pinch of turmeric & salt. Steam Inhalation with givari, pudina, Kapoor one a day. Take sleep 7-8 hours 	Dr. Supti Parthak
21/26/05/2021	Audio	First Consult	Raman varma	27/M	bagwari	Sore throat, dry cough, malaise	<ul style="list-style-type: none"> 1-Tab Sudarshan ghni vari 500mg B.D with warm water 2-Tab Vyoshadi vari 2 Pils 3 times for chew 3-Nagrandi kashaya 20ml B.D. <p>Advice</p> <ul style="list-style-type: none"> 1-Physical distancing, Hand hygiene, wear mask 2-Goergic with warm water along with an added pinch of turmeric & Salt 3-Nasal application of Anutala Twice a day. 	Dr. Supti Parthak
22/26/05/2021	Audio	First Consult	Omveer Singh	24/M	Makpur	Mild Fever, Headache, Sore throat, Nasal congestion	<ul style="list-style-type: none"> 1-Tab Ashwagandha ghni vari 250mg B.D. With warm water. 2-Tab Vyoshadi vari 2 Pils 3 times for chew 3-Steopieladi churna 3 g B.D with Honey. <p>Advice</p> <ul style="list-style-type: none"> 1-Physical distancing, Hand hygiene, wear mask 2-Goergic with warm water along with an added pinch of turmeric & Salt 3-Nasal application of Anutala Twice a day. 	Dr. Supti Parthak
23/26/05/2021	Audio	Follow up	Imran Khan	28/M	Saurah	Headache, dry cough, sore throat	<ul style="list-style-type: none"> 1-Tab Ashwagandha ghni vari 250mg B.D. With warm water. 2-Tab Vyoshadi vari 2 Pils 3 times for chew 3-Steopieladi churna 3 g B.D with Honey. <p>Advice</p> <ul style="list-style-type: none"> 1-Physical distancing, Hand hygiene, wear mask 2-Goergic with warm water along with an added pinch of turmeric & Salt 3-Nasal application of Anutala Twice a day. 	Dr. Nihar Ranjan
24/27/05/2021	Audio	First Consult	Prakash Kumar	60/M	Chalaram	Mild Fever, Headache, Sore throat, Nasal congestion	<ul style="list-style-type: none"> 1-Tab Ashwagandha ghni vari 250mg B.D. With warm water. 2-Tab Vyoshadi vari 2 Pils 3 times for chew 3-Steopieladi churna 3 g B.D with Honey. <p>Advice</p> <ul style="list-style-type: none"> 1-Physical distancing, Hand hygiene, wear mask 2-Goergic with warm water along with an added pinch of turmeric & Salt 3-Nasal application of Anutala Twice a day. 	Dr. Nihar Ranjan


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25/27/05/2021	Audio	First Consult	Praveen Nath	24/M	Jaipur	Mild fever, malaise	1- Tab Guduchi ghan vati 500mg B. D. with warm water. 2- Tab Ashwagandha ghan vati 500mg with warm water. 3- Tab AYUSH 64 500mg 2 tab B. D. with warm water. Advice - Take Milk with held at night. Take water processed with tulshi.	Dr. Shivam Chaturgy
26/27/05/2021	Audio	First Consult	Ravita	29/F	Roopnagar	Sore throat, dry cough, malaise	1- Tab Ashwagandha ghanvati 250mg B. D. with warm water. 2- Tab Guduchi Ghyani vati 500mg B. D. with warm water. 3- Yasamandhu Churana 3gram B. D. with honey. Advice- Gargling with warm water with an added pinch of turmeric & salt. Steam inhalation with ajwain, pulana, Kapoor one a day. Take sleep 7-8 hours.	Dr. S.K. Bishnoi
27/27/05/2021	Audio	follow up	Vidhyawati	38/M	Kanungu	Headache, dry cough, sore throat	1- Tab Ashwagandha ghanvati 250mg B. D. with warm water. 2- Tab Guduchi Ghyani vati 500mg B. D. with warm water. 3- Yasamandhu Churana 3gram B. D. with honey. Advice- Gargling with warm water with an added pinch of turmeric & salt. Steam inhalation with ajwain, pulana, Kapoor one a day. Take sleep 7-8 hours.	Dr. Bantiana
28/27/05/2021	Audio	follow up	Ram Narayan	24/M	Pigar gaon	Sore throat, dry cough, malaise	1- Tab Guduchi ghan vati 500mg B. D. with warm water. 2- Tab Ashwagandha ghan vati 500mg with warm water. 3- Tab AYUSH 64 500mg 2 tab B. D. with warm water. Advice - Take Milk with held at night. Take water processed with tulshi.	Dr. Supriti Parthak
29/27/05/2021	Audio	First Consult	Aman Kumar	46/M	Dhanpur	Mild fever, malaise	1- Tab Sudarshan ghan vati 500mg B. D. with warm water. 2- Tab Vyoshadi vati 2 Pills 3 times for chew. 3- Nigundi kashaya 20ml B. D.	Dr. S.K. Bishnoi
30/27/05/2021	Audio	follow up	Saral	28/F	Prasanna pur	Mild fever, Headache, Sore throat, Nasal congestion	1- Physical distancing. 2- Hand hygiene, wear mask 3- Nasal application of Anutala 2 drop Twice a day. 4- Sleep 7-8 hours	Dr. Supriti Parthak
31/27/05/2021	Audio	First Consult	Amitab	34/M	Saral	Mild Fever, loss of taste, cough, fatigue	1- Tab Sudarshan Ghan vati 500 mg B. D. with warm water. 2- Tab Ashwagandha ghan vati 500mg B. D. with warm water. 3- Steopidadi churna 3 g B. D. with Honey.	Dr. S.K. Bishnoi
32/27/05/2021	Audio	First Consult	Aman	37/M	Katni pur	Headache, dry cough, sore throat	1- Physical distancing. 2- Hand hygiene, wear mask 3- Nasal application of Anutala 2 drop Twice a day. 4- Sleep 7-8 hours	Dr. Nihar Ranjan
33/28/05/2021	Audio	First Consult	Veer Singh	39/M	Budhpur	Loose motion, mild fever	1- Tab Ashwagandha ghanvati 250mg B. D. with warm water. 2- Santali powder 500mg B. D. with warm water. Advice - Take Lukewarm water. Take milk with held at Night. 3- Take all medicine 15 days.	Dr. S.K. Bishnoi
34/28/05/2021	Audio	First consult	Anurupa kumari	32/M	Saral	Mild fever, malaise	1- Tab Guduchi ghan vati 500mg B. D. with warm water. 2- Tab Ashwagandha ghan vati 500mg with warm water. 3- Tab AYUSH 64 500mg 2 tab B. D. with warm water. Advice - Take Milk with held at night. Take water processed with tulshi.	Dr. Santosh


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35/28/05/2021	Audio	First Consult	Amrita Singh	35/F	Kanbana	Mild Fever, Headache, Sore throat, Nasal congestion	<p>1-Tab Sudarshan ghan vai 500mg B.D with warm water</p> <p>2-1 tab Vyoshadi vai 2 Pills 3 times for chew</p> <p>3-Nagardi kashaya 20ml B.D</p> <p>Advice</p> <p>1-Physical distancing, Hand hygiene, wear mask</p> <p>2-Gargle with warm water along with an added pinch of turmeric & Salt.</p> <p>3-Nasal application of Anusala Twice a day</p>	Dr. Santosh
36/28/05/2021	Audio	First Consult	Jagendra Raj	25/F	Jhjhaki	Loose motion, mild fever	<p>1-Tab- Kutajghar vai 2 tab B.D. with luke warm water, TAB- Guduchighan vai 500 mg B.D with warm water, Advice - Take lakra for 7 days</p> <p>2-Tab Ashwagandha ghanvai 250mg B.D. With warm water, 3- Saurabh powder 500mg B. D. with warm water, Advice - Take Lakshman water, Take milk with haldi at Night.</p> <p>Take all medicine 15 days</p>	Dr. Nihar Ranjan
37/28/05/2021	Audio	First Consult	Rashi verma	23/F	Parsula	Headache, dry cough, sore throat	<p>1-Tab Guduchi ghan vai 500mg B. D. with warm water, 2- Tab Ashwagandha ghan vai 500mg with warm water, 3- Tab AYUSH 64 500mg 2 tab B. D. with warm water, Advice - Take Milk with haldi at night, Take water processed with lakti</p> <p>1-Tab Sudarshan ghan vai 500mg B.D with warm water</p> <p>2-Tab Vyoshadi vai 2 Pills 3 times for chew</p> <p>3-Nagardi kashaya 20ml B.D</p> <p>Advice</p> <p>1-physical distancing, Hand hygiene, wear mask</p> <p>2-Gargle with warm water along with an added pinch of turmeric & Salt</p> <p>3-Nasal application of Anusala Twice a day</p>	Dr. Santosh
38/28/05/2021	Audio	First Consult	Smita verma	25/F	Haranpur	Mild fever, malaise	<p>1-Tab- Kutajghar vai 2 tab B.D. with luke warm water, TAB- Guduchighan vai 500 mg B.D with warm water, Advice - Take lakra for 7 days</p> <p>1- Tab Ashwagandha ghanvai 250mg B.D. With warm water, 3- Saurabh powder 500mg B. D. with warm water, Advice - Take Lakshman water, Take milk with haldi at Night.</p> <p>Take all medicine 15 days</p>	Dr. Bandhana
39/28/05/2021	Audio	Follow up	Navreet Singh	36/M	Rural	Mild Fever, Headache, Sore throat, Nasal congestion	<p>1-Tab- Kutajghar vai 2 tab B.D. with luke warm water, TAB- Guduchighan vai 500 mg B.D with warm water, Advice - Take lakra for 7 days</p> <p>1- Tab Ashwagandha ghanvai 250mg B.D. With warm water, 3- Saurabh powder 500mg B. D. with warm water, Advice - Take Lakshman water, Take milk with haldi at Night.</p> <p>Take all medicine 15 days</p>	Dr. Shivam Chauhey
40/28/05/2021	Audio	First Consult	Priyansu Kumar	50/M	Ehara	Loose motion, mild fever	<p>1-Tab Guduchi ghan vai 500mg B. D. with warm water, 2- Tab Ashwagandha ghan vai 500mg with warm water, 3- Tab AYUSH 64 500mg 2 tab B. D. with warm water, Advice - Take Milk with haldi at night, Take water processed with lakti</p> <p>1-Tab Sudarshan ghan vai 500mg B.D with warm water</p> <p>2-Tab Vyoshadi vai 2 Pills 3 times for chew</p> <p>3-Nagardi kashaya 20ml B.D</p> <p>Advice</p> <p>1-physical distancing, Hand hygiene, wear mask</p> <p>2-Gargle with warm water along with an added pinch of turmeric & Salt</p> <p>3-Nasal application of Anusala Twice a day</p>	Dr. Santosh
41/28/05/2021	Audio	First Consult	Dharendra pal	21/M	Farakhabad	Headache, dry cough, sore throat	<p>1-Tab Guduchi ghan vai 500mg B. D. with warm water, 2- Tab Ashwagandha ghan vai 500mg with warm water, 3- Tab AYUSH 64 500mg 2 tab B. D. with warm water, Advice - Take Milk with haldi at night, Take water processed with lakti</p> <p>1-Tab Sudarshan ghan vai 500mg B.D with warm water</p> <p>2-Tab Vyoshadi vai 2 Pills 3 times for chew</p> <p>3-Nagardi kashaya 20ml B.D</p> <p>Advice</p> <p>1-physical distancing, Hand hygiene, wear mask</p> <p>2-Gargle with warm water along with an added pinch of turmeric & Salt</p> <p>3-Nasal application of Anusala Twice a day</p>	Dr. Supriti Pathak
42/29/05/2021	Audio	First Consult	Dheepak	20/M	Mempuri	Loose of Appetite, mild fever	<p>1-Tab Guduchi ghan vai 500mg B. D. with warm water, 2- Tab Ashwagandha ghan vai 500mg with warm water, 3- Tab AYUSH 64 500mg 2 tab B. D. with warm water, Advice - Take Milk with haldi at night, Take water processed with lakti</p> <p>1-Tab Sudarshan ghan vai 500mg B.D with warm water</p> <p>2-Tab Vyoshadi vai 2 Pills 3 times for chew</p> <p>3-Nagardi kashaya 20ml B.D</p> <p>Advice</p> <p>1-physical distancing, Hand hygiene, wear mask</p> <p>2-Gargle with warm water along with an added pinch of turmeric & Salt</p> <p>3-Nasal application of Anusala Twice a day</p>	Dr. Shivam Chauhey
43/29/05/2021	Audio	First Consult	Omraj	25/M	Jijwala	Mild fever, malaise	<p>1-Tab Guduchi ghan vai 500mg B. D. with warm water, 2- Tab Ashwagandha ghan vai 500mg with warm water, 3- Tab AYUSH 64 500mg 2 tab B. D. with warm water, Advice - Take Milk with haldi at night, Take water processed with lakti</p> <p>1-Tab Sudarshan ghan vai 500mg B.D with warm water</p> <p>2-Tab Vyoshadi vai 2 Pills 3 times for chew</p> <p>3-Nagardi kashaya 20ml B.D</p> <p>Advice</p> <p>1-physical distancing, Hand hygiene, wear mask</p> <p>2-Gargle with warm water along with an added pinch of turmeric & Salt</p> <p>3-Nasal application of Anusala Twice a day</p>	Dr. S.K. Bishnoi
44/29/05/2021	Audio	Follow up	Syam	35/M	Rani	Loose of Appetite, mild fever	<p>1-Tab Guduchi ghan vai 500mg B. D. with warm water, 2- Tab Ashwagandha ghan vai 500mg with warm water, 3- Tab AYUSH 64 500mg 2 tab B. D. with warm water, Advice - Take Milk with haldi at night, Take water processed with lakti</p> <p>1-Tab Sudarshan ghan vai 500mg B.D with warm water</p> <p>2-Tab Vyoshadi vai 2 Pills 3 times for chew</p> <p>3-Nagardi kashaya 20ml B.D</p> <p>Advice</p> <p>1-physical distancing, Hand hygiene, wear mask</p> <p>2-Gargle with warm water along with an added pinch of turmeric & Salt</p> <p>3-Nasal application of Anusala Twice a day</p>	Dr. Shivam Chauhey
45/29/05/2021	Audio	First Consult	July	21/F	Dewari puri	Mild fever, Headache, Sore throat, Nasal congestion	<p>1-Tab Guduchi ghan vai 500mg B. D. with warm water, 2- Tab Ashwagandha ghan vai 500mg with warm water, 3- Tab AYUSH 64 500mg 2 tab B. D. with warm water, Advice - Take Milk with haldi at night, Take water processed with lakti</p> <p>1-Tab Sudarshan ghan vai 500mg B.D with warm water</p> <p>2-Tab Vyoshadi vai 2 Pills 3 times for chew</p> <p>3-Nagardi kashaya 20ml B.D</p> <p>Advice</p> <p>1-physical distancing, Hand hygiene, wear mask</p> <p>2-Gargle with warm water along with an added pinch of turmeric & Salt</p> <p>3-Nasal application of Anusala Twice a day</p>	Dr. Shivam Chauhey
46/29/05/2021	Audio	First Consult	Kavita	26/F	Kanauji	Loose of Appetite, mild fever	<p>1-Tab Guduchi ghan vai 500mg B. D. with warm water, 2- Tab Ashwagandha ghan vai 500mg with warm water, 3- Tab AYUSH 64 500mg 2 tab B. D. with warm water, Advice - Take Milk with haldi at night, Take water processed with lakti</p> <p>1-Tab Sudarshan ghan vai 500mg B.D with warm water</p> <p>2-Tab Vyoshadi vai 2 Pills 3 times for chew</p> <p>3-Nagardi kashaya 20ml B.D</p> <p>Advice</p> <p>1-physical distancing, Hand hygiene, wear mask</p> <p>2-Gargle with warm water along with an added pinch of turmeric & Salt</p> <p>3-Nasal application of Anusala Twice a day</p>	Dr. Shivam Chauhey

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47/29/05/2021	Audio	First Consult	Pradeep	29/M	Malnour	Mild fever, malaise	1- Tab Guduchi ghan vati 500mg B. D. with warm water. 2- Tab Ashwagandha ghan vati 500mg with warm water. 3- Tab AYUSH 64 500mg 2 tab B. D. with warm water. Advice - Take Milk with hold at night. Take water processed with tulshi.	Dr. S.K. Behma
48/29/05/2021	Audio	Follow up	Vinil	32/M	Rudaura	Loose of Appetite, mild fever	Hingvastak churna 3g BD with food, Tab- Guduchighan vati 2 tab BD with warm water, Haritaki churna 8 gm at night with warm water 1-3tab Sudarshan ghan vati 500mg B.D. with warm water 2-2-Tab Vyoshadi vati 2 Pills 3 times for show 3-Nagprati kashya 20ml B.D. Advice 1-Physical distancing, Hand hygiene, wear mask 2-George with warm water along with an added pinch of turmeric & Salt 3-Nasal application of Anulala Twice a day	Dr. Shivam Chaudhey
49/29/05/2021	Audio	First Consult	Rohit	38/M	Blood naganya	Mild fever, Headache, Sore throat, Nasal congestion	1- Tab Ashwagandha ghanvati 250mg B.D. With warm water. 2- Tab Guduchi Ghyan vati 500mg B. D. with warm water. 3- Yashtimadhu Churana 3gram B. D. with honey. Advice- Gargling with warm water with an added pinch of turmeric & salt. Steam inhalation with ghwari, pudina. Kapoor one a day. Take sleep 7-8 hours	Dr. Bandhana
50/29/05/2021	Audio	First Consult	Sarvam	30/F	Sanshu	Sore throat, dry cough, malaise	Hingvastak churna 3g BD with food, Tab- Guduchighan vati 2 tab BD with warm water, Haritaki churna 8 gm at night with warm water	Dr. Shivam Chaudhey
51/30/05/2021	Audio	First Consult	Pooja	27/F	Siroli	Loose of Appetite, mild fever	1-1-Tab Ashwagandha ghanvati 250mg B.D. With warm water. 2- Sannhi powder 500mg B. D. with warm water. Advice - Take lukewarm water. Take milk with hold at night. Take all medicine 15 days	Dr. Supriya Pathak
52/30/05/2021	Audio	Follow up	Omraj	35/M	Dausapur	Headache, dry cough, sore throat	1-1-Tab Ashwagandha ghanvati 250mg B.D. With warm water. 2- Tab Guduchi Ghyan vati 500mg B. D. with warm water. 3- Yashtimadhu Churana 3gram B. D. with honey. Advice- Gargling with warm water with an added pinch of turmeric & salt. Steam inhalation with ghwari, pudina. Kapoor one a day. Take sleep 7-8 hours	Dr. Bandhana
53/30/05/2021	Audio	First Consult	Bojan	24/F	Pisar nagla	Sore throat, dry cough, malaise	1-1-Tab Guduchi ghan vati 500mg B. D. with warm water. 2- Tab Ashwagandha ghan vati 500mg with warm water. 3- Tab AYUSH 64 500mg 2 tab B. D. with warm water. Advice - Take Milk with hold at night. Take water processed with tulshi.	Dr. S.K. Behma
54/30/05/2021	Audio	First Consult	Jagrup	40/M	Babanya	Mild fever, malaise	Hingvastak churna 3g BD with food, Tab- Guduchighan vati 2 tab BD with warm water, Haritaki churna 8 gm at night with warm water	Dr. Shivam Chaudhey
55/30/05/2021	Audio	First Consult	Syruver	45/M	Nagla dal	Loose of Appetite, mild fever	1-1-Tab Ashwagandha ghanvati 250mg B.D. With warm water. 2- Sannhi powder 500mg B. D. with warm water. Advice - Take lukewarm water. Take milk with hold at night. Take all medicine 15 days	Dr. Supriya Pathak
56/30/05/2021	Audio	First Consult	Darsan	20/M	Hanapur	Headache, dry cough, sore throat	1-1-Tab Guduchi ghan vati 500mg B. D. with warm water. 2- Tab Ashwagandha ghan vati 500mg with warm water. 3- Tab AYUSH 64 500mg 2 tab B. D. with warm water. Advice - Take Milk with hold at night. Take water processed with tulshi.	Dr. S.K. Behma
57/30/05/2021	Audio	First Consult	Hanshant	50/M	Munigaon	Mild fever, malaise	Hingvastak churna 3g BD with food, Tab- Guduchighan vati 2 tab BD with warm water, Haritaki churna 8 gm at night with warm water	Dr. Shivam Chaudhey
58/30/05/2021	Audio	First Consult	Javari	26/F	Runi	Loose of Appetite, mild fever	1-1-Tab Guduchi ghan vati 500mg B. D. with warm water. 2- Tab Ashwagandha ghan vati 500mg with warm water. 3- Tab AYUSH 64 500mg 2 tab B. D. with warm water. Advice - Take Milk with hold at night. Take water processed with tulshi.	Dr. S.K. Behma


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59	30/05/2021	Audio	First Consult	Sukh ram	41/F	Bahara	Mild fever, malaise	<p>1- Tab Guduchi ghan vati 500mg B. D. with warm water</p> <p>2- Tab Ashwagandha ghan vati 500mg with warm water</p> <p>3- Tab AYUSH 64 500mg 2 tab B. D. with warm water. Advice - Take Milk with haldi at night. Take water processed with tulshi.</p> <p>1- Tab Sudarshan ghan vati 500mg B. D. with warm water</p> <p>2- Tab Vyoshadi vati 2 Pills 3 times for chew</p> <p>3- Nigamadi kashaya 20ml B. D.</p> <p>Advice</p> <p>1- Physical distancing, Hand hygiene, wear mask</p> <p>2- Gargle with warm water along with an added pinch of turmeric & Salt</p> <p>3- Nasal application of Anuraha Twice a day</p>	Dr. S.K. Bahari
60	30/05/2021	Audio	Follow up	Pranod	30/M	Pipur gach	Mild Fever, Headache, Sore throat, Nasal congestion	<p>1- Tab Ashwagandha ghanvati 250mg B. D. With warm water</p> <p>2- Tab Shudh Chryan vati 500mg B. D. with warm water</p> <p>3- Yashtimadhu Churna 3gram B. D. with honey. Advice- Gargling with warm water with an added pinch of turmeric & salt. Steam inhalation with aywan, pudina, hapoor one a day. Take sleep 7-8 hours</p>	Dr. Shyam Chauhan
61	30/05/2021	Audio	First Consult	Kamveer	25/M	Nagina peerjad	Sore throat, dry cough, malaise	<p>1- Tab Ashwagandha ghanvati 250mg B. D. With warm water</p> <p>2- Sauradi powder 500mg B. D. with warm water. Advice - Take Lukewarm water. Take milk with haldi at Night</p> <p>Take all medicines 15 days</p>	Dr. Saurati Pathak
62	30/05/2021	Audio	First Consult	Ravita	36/F	Madaripur	Headache, dry cough, sore throat		

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