

# Shri Babu Singh Jay Singh Ayurvedic Medical College & Hospital (AYU0356)

Bhaupur, Bewar Road, Fatehgarh, Dist.-Farukhbad U.P. 209602

## Weekly Report of Telemedicine & Online Consultation for COVID 19

Sr. No.	Date	Mode of Consultation	First Consult / Follow Up	Patient Name	Age/Sex	Address	Patient Complaints	Advice & Treatment	Consulting Doctor Name
1	28-06-2021	Audio	Follow up	SHYAM SINGH	25/F	Kanjana	Headache dry cough sore throat	1- Tab. Ashwagandhu ghnavat 250mg B.D. With warm water. 2- Suanthi powder 500mg B. D. with warm water. Advice - Take Lukewarm water for 15days. Take milk with laddi at Night	Shivan Chaudhry
2	28-06-2021	Audio	First Consult	RAGHUVIJEER SINGH	50/M	Farrukhbad	Mild fever, malaise	1- Tab. Guduchi ghnavat 500mg B. D. with warm water. 2- Tab. Ashwagandhu 500mg with warm water. 3- Tab. AYUSH 69 500mg 2 tab B. D. with warm water. Advice - Take Milk with laddi at night. Take water processed with tilai.	Dr. Nihar Ranjan
3	28-06-2021	Audio	First Consult	MOTILAL	41/M	Dhulai	Sore throat dry cough malaise	1- Tab. Ashwagandhu ghnavat 250mg B.D. With warm water. 2- Tab. Dadudhi Ghnavat 500mg B. D. with warm water. 3- Yasthimadhu Churna 1gram B. D. with honey. Advice- Gargling with warm water with an added pinch of turmeric & salt. Steam inhalation with gagan. Protein. Vaporise one a day. Take sleep 7-8 hours.	Dr. Banarsi
4	28-06-2021	Audio	First Consult	DEHARVENDRA	22/M	Meerut	Headache, dry cough, sore throat	1- Tab. Ashwagandhu ghnavat 250mg B. D. With warm water. 2- Suanthi powder 500mg B. D. with warm water. Advice - Take Lukewarm water. Take milk with laddi at Night. Take all medicine 15 days.	Dr. Shivan Narayan
5	28-06-2021	Audio	Follow up	JEETU	50/M	Chandigarh	Headache, dry cough, sore throat	1- Tab. Ashwagandhu ghnavat 250mg B.D. With warm water. 2- Suanthi powder 500mg B. D. with warm water. Advice - Take Lukewarm water. Take milk with laddi at Night. Take all medicine 15 days.	Shivan Chaudhry
6	28-06-2021	Audio	First Consult	RAKSHI	21/F	Kozari	Mild fever, malaise	TAB- Guduchighnavat 500 mg B.D with warm water. Advice- Take lukewarm water for 7 days	Dr. Banarsi
7	28-06-2021	Audio	First Consult	NIDHI KUSHWAHA	38/F	Nasir	Mild Fever, loss of taste, cough, fatigue	1- Tab. Soodanthen Ghnavat 500 mg B.D with warm water 2- Tab. Ashwagandhu ghnavat 500mg B.D with warm water 3- Soodanthen churna 1 g B.D with Honey Advice 1- Physical distancing 2- Hand hygiene, wear mask 3- Social application of Aardulata 2 drop Twice a day 4- Sleep 7-8 hours.	Dr. Nihar Ranjan
8	28-06-2021	Audio	First Consult	PRAVEEN KUMAR	32/M	Najla Bahadur	Mild Fever, Headache, Sore throat, Nasal congestion	1- Tab. Soodanthen ghnavat 500mg B.D with warm water 2- Tab. Yasudahi 500 2 Pills 3 times for chew 3- Soodanthen kashaya 20ml B.D. Advice 1- Physical distancing, Hand hygiene, wear mask 2- Gargle with warm water along with an added pinch of turmeric & salt 3- Social application of Aardulata Twice a day	Dr. Shivan Chaudhry



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9	29-06-2021	Audio	First Consult	ROHIT YADAV	24F	Noida	Mild Fever, loss of taste, cough, fatigue	<p>1-Tab Sudarshan Ghos vari 500mg B.D with warm water</p> <p>2-Tab Aysogandha ghos vari 500mg B.D with warm water</p> <p>3-Sitopiplab churna 3 g B.D with Honey</p> <p>Advice:</p> <p>1-Physical distancing</p> <p>2-Hand hygiene, wear mask</p> <p>3- Nasal application of Anantala 2 drop Twice a day</p> <p>4- Sleep 7-8 hours</p>	Dr. Shivam Chakravarty
10	29-06-2021	Audio	First Consult	POONAM	28F	Patna	Mild fever, malaise	<p>1- Tab Goudashil ghos vari 500mg B. D with warm water</p> <p>2- Tab Aysogandha ghos vari 500mg with warm water</p> <p>3- Tab AYUSH 64 500mg 2 tab B. D with warm water</p> <p>Advice - Take Milk with haldi at night. Take water processed with tulsi</p>	Dr. Nitish Ranjan
11	29-06-2021	Audio	First Consult	CHAMAN SINGH	29M	Nevsa Pur	Mild Fever, loss of taste, cough, fatigue	<p>1-Tab Sudarshan Ghos vari 500 mg B.D with warm water</p> <p>2-Tab Aysogandha ghos vari 500mg B.D with warm water</p> <p>3- Sitopiplab churna 3 g B.D with Honey</p> <p>Advice:</p> <p>1-physical distancing</p> <p>2-Hand hygiene, wear mask</p> <p>3- Nasal application of Anantala 2 drop Twice a day</p> <p>4- Sleep 7-8 hours</p>	Dr. Supriy Parbat
12	29-06-2021	Audio	First Consult	RENU YADAV	23F	Kanu Khoda	Mild Fever, loss of taste, cough, fatigue	<p>1-Tab Sudarshan Ghos vari 500 mg B.D with warm water</p> <p>2-Tab Aysogandha ghos vari 500mg B.D with warm water</p> <p>3- Sitopiplab churna 3 g B.D with Honey</p> <p>Advice:</p> <p>1-Physical distancing</p> <p>2-Hand hygiene, wear mask</p> <p>3- Nasal application of Anantala 2 drop Twice a day</p> <p>4- Sleep 7-8 hours</p>	Dr. Samrati
13	30-06-2021	Audio	First Consult	SHARLUKH	24M	Baupur	Loose of Appetite, mild fever	<p>Hingonada churna 1g BID with food, Tab- Goudashilghos vari 2 tab B.D with warm water, Haridra churna 8 gm at night with warm water</p>	Dr. Shivam Narayan
14	30-06-2021	Audio	First Consult	PAWAN KUMAR	25M	Fatehgarh	Mild fever, malaise	<p>1- Tab Goudashil ghos vari 500mg B. D with warm water</p> <p>Tab Aysogandha ghos vari 500mg with warm water</p> <p>3- Tab AYUSH 64 500mg 2 tab B. D with warm water</p> <p>Advice - Take Milk with haldi at night. Take water processed with tulsi</p>	Dr. Supriy Parbat
15	30-06-2021	Audio	First Consult	KLUBI DEVI	39F	Nisa	Mild Fever, loss of taste, cough, fatigue	<p>1-Tab Sudarshan Ghos vari 500 mg B.D with warm water</p> <p>2-Tab Aysogandha ghos vari 500mg B.D with warm water</p> <p>3- Sitopiplab churna 3 g B.D with Honey</p> <p>Advice:</p> <p>1-Physical distancing</p> <p>2-Hand hygiene, wear mask</p> <p>3- Nasal application of Anantala 2 drop Twice a day</p> <p>4- Sleep 7-8 hours</p>	Dr. Bandana
16	30-06-2021	Audio	First Consult	NEERMALA	36M	Rawalpur	Mild fever, malaise	<p>1- Tab Goudashil ghos vari 500mg B. D with warm water</p> <p>2- Tab Aysogandha ghos vari 500mg with warm water</p> <p>3- Tab AYUSH 64 500mg 2 tab B. D with warm water</p> <p>Advice - Take Milk with haldi at night. Take water processed with tulsi</p>	Dr. Santosh

  
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17	30-06-2021	Audio	First Consult	PRASAD	77M	Nycturia pur	Score throat, dry cough, malaise	1- Tab Ashwagandha phosval 250mg B.D. With warm water. 2- Tab Guduchi Ghrit var 500mg B.D. with warm water. 3- Yastimadhu Churna 3gm B.D. with honey. Advice- Gargling with warm water with an added pinch of turmeric & salt. Steam inhalation with steam, modha, kapoor one a day. Take sleep 7-8 hours	Dr. Suresh
18	30-06-2021	Audio	First Consult	AMIT YADAV	30M	Rohla	Mild Fever, Headache, Sore throat, Nasal congestion	1- Tab Sudarshan ghan var 500mg B.D. with warm water 2- Tab Vyoshadi var 2 Pills 3 times for chew 3- Nagrandi kashya 20ml B.D. Advice 1- Physical distancing, Hand hygiene, wear mask 2- Gargle with warm water along with an added pinch of turmeric & Salt. 3- Nasal application of Anusala Twice a day	Dr. S. E. Bhatnagar
19	30-06-2021	Audio	First Consult	CHIRAN	20M	Sakau	Headache, dry cough, sore throat	1- Tab Ashwagandha phosval 250mg B.D. With warm water. 2- Surothi powder 500mg B.D. with warm water. Advice - Take Lukewarm water. Take milk with haldi at night. Take all medicine 15 days	Dr. Suresh Pathak
20	01-07-2021	Audio	Follow up	TARA DVI	26F	Ajunt pur	Looose of Appetite, mild fever	Hingwastak churna 1/2g BID with food, Tab- Guduchighrit var 2 tab BID with warm water. Hingwadi churna 8 gm at night with warm water	Dr. Suresh
21	01-07-2021	Audio	First Consult	DHARMAN YADAV	60M	Gadhya	Mild Fever, Headache, Sore throat, Nasal congestion	1- Tab Sudarshan ghan var 500mg B.D. with warm water 2- Tab Vyoshadi var 2 Pills 3 times for chew 3- Nagrandi kashya 20ml B.D. Advice 1- Physical distancing, Hand hygiene, wear mask 2- Gargle with warm water along with an added pinch of turmeric & Salt. 3- Nasal application of Anusala Twice a day	Dr. Shivam Chaudhary
22	01-07-2021	Audio	First Consult	SHARDA	19/F	Dudhaya	Looose of Appetite, mild fever	Hingwastak churna 1/2g BID with food, Tab- Guduchighrit var 2 tab BID with warm water. Hingwadi churna 8 gm at night with warm water	Dr. Shivam Chaudhary
23	01-07-2021	Audio	First Consult	RAHUL KUMAR	28M	Kerwan	Mild fever, malaise	1- Tab Guduchi ghan var 500mg B.D. with warm water 2- Tab Ashwagandha ghan var 500mg with warm water 3- Tab AYUSH 64 500mg 2 tab B.D. with warm water. Advice - Take Milk with haldi at night. Take water processed with tulsi.	Dr. Nihar Ranjan
24	01-07-2021	Audio	First Consult	KAVITA DEVI	29/F	Mundajwan	Looose of Appetite, mild fever	Hingwastak churna 1/2g BID with food, Tab- Guduchighrit var 2 tab BID with warm water. Hingwadi churna 8 gm at night with warm water	Dr. Bandana
25	01-07-2021	Audio	First Consult	SALONI DEVI	27/F	Nagla Bharani	Mild Fever, Headache, Sore throat, Nasal congestion	1- Tab Sudarshan ghan var 500mg B.D. with warm water 2- Tab Vyoshadi var 2 Pills 3 times for chew 3- Nagrandi kashya 20ml B.D. Advice 1- Physical distancing, Hand hygiene, wear mask 2- Gargle with warm water along with an added pinch of turmeric & Salt. 3- Nasal application of Anusala Twice a day	Dr. Suresh Pathak





26	02-07-2021	Audio	First Consult	PREEM SINGH	20/M	Jaiphal	Sore throat , dry cough , malaise	1- Tab Aabhwagandha ghansol 250mg B.D. With warm water. 2- Tab Guduchi Ghyan var 500mg B. D. with warm water. 3- Yashtimadhu Churna Jagan B. D. with honey. Advice- Gargling with warm water with an added pinch of turmeric & salt. Steam inhalation with eucalyptus , peppermint , eucalyptus & salt. Take sleep 7-8 hours.	Dr. S. K. Bhowari
27	02-07-2021	Audio	Follow up	PUNEET KUMAR	45/M	Jarari	Loose of Appetite , mild fever	Hingwasak churna 3g BD with food, Tab- Guduchighan var 2 tab B.D with warm water, Haritaki churna 8 gm at night with warm water.	Dr. Shivam Narayan
28	07-07-2021	Audio	First Consult	JAYANT THAKAR	34/M	Ran	Headache, dry cough, sore throat.	1- Tab Aabhwagandha ghansol 250mg B.D. With warm water. 2- Sushiti powder 500mg B. D. with warm water. Advice - Take Lukewarm water. Take milk with half at Night. Take all medicine 15 days.	Dr. Supriya Pathak
29	07-07-2021	Audio	First Consult	IRVANT KUMAR	29/M	Churai	Sore throat , dry cough , malaise	1- Tab Guduchi ghansol 500mg B. D. With warm water. 2- Tab Guduchi Ghyan var 500mg B. D. with warm water. 3- Yashtimadhu Churna Jagan B. D. with honey. Advice- Gargling with warm water with an added pinch of turmeric & salt. Steam inhalation with eucalyptus , peppermint , eucalyptus one a day. Take sleep 7-8 hours.	Dr. Nihar Karan
30	02-07-2021	Audio	First Consult	ANURADHA KUMARI	26/F	Bhopal	Mild fever , malaise	1- Tab Guduchi ghansol 500mg B. D. with warm water. 2- Tab Aabhwagandha ghansol 250mg with warm water. 3- Tab AYUSHI 64 500mg 2 tab B. D. with warm water. Advice- Take Milk with half at night. Take water processed with tulsi.	Dr. Shivam Charley
31	02-07-2021	Audio	First Consult	MANOJ KUMAR	52/M	Pachhaura	Loose of Appetite , mild fever	Hingwasak churna 3g BD with food, Tab- Guduchighan var 2 tab B.D with warm water, Haritaki churna 8 gm at night with warm water.	Dr. Supriya Pathak
32	02-07-2021	Audio	First Consult	MUNISH DIXI	31/F	Hawald	Headache, dry cough, sore throat	1- Tab Aabhwagandha ghansol 250mg B. D. With warm water. 2- Sushiti powder 500mg B. D. with warm water. Advice - Take Lukewarm water. Take milk with half at Night. Take all medicine 15 days.	Dr. Jantone
33	01-07-2021	Audio	First Consult	AKHILESH KUMAR	24/M	Hawal pati	Mild fever , malaise	1- Tab Guduchi ghansol 500mg B. D. with warm water. 2- Tab Aabhwagandha ghansol 250mg with warm water. 3- Tab AYUSHI 64 500mg 2 tab B. D. with warm water. Advice- Take Milk with half at night. Take water processed with tulsi.	Dr. Harit Pathak
34	04-07-2021	Audio	First Consult	LAV DEVI	32/F	Ahmedpur	Loose of Appetite , mild fever	Hingwasak churna 3g BD with food, Tab- Guduchighan var 2 tab B.D with warm water, Haritaki churna 8 gm at night with warm water.	Dr. Shivam Charley
35	04-07-2021	Audio	First Consult	ABARU ANSARI	41/M	Ampalhari	Mild fever , malaise	1- Tab Guduchi ghansol 500mg B. D. with warm water. 2- Tab Aabhwagandha ghansol 250mg with warm water. 3- Tab AYUSHI 64 500mg 2 tab B. D. with warm water. Advice - Take Milk with half at night. Take water processed with tulsi.	Dr. Shivam Narayan
36	14-07-2021	Audio	First Consult	KULWANT DEVI	21/F	Kanungu	Mild fever , Headache , Sore throat , Nasal congestion	1- Tab Sudashan ghansol 500mg B.D with warm water. 2- Tab Vyoshadi sal 2 Pills 3 times for eberse. 3- Nagpradi kaitans 2tab B.D. Advice 1- Physical distancing, Hand hygiene , wear mask. 2- Gargle with warm water along with an added pinch of turmeric & salt. 3- Nasal application of Anantia Twice a day.	Dr. S. K. Bhowari
37	04-07-2021	Audio	First Consult	SHARAD KAL	52/M	Hawal	Sore throat , dry cough , malaise	1- Tab Aabhwagandha ghansol 250mg B.D. With warm water. 2- Tab Guduchi Ghyan var 500mg B. D. with warm water. 3- Yashtimadhu Churna Jagan B. D. with honey. Advice- Gargling with warm water with an added pinch of turmeric & salt. Steam inhalation with eucalyptus , peppermint , eucalyptus one a day. Take sleep 7-8 hours.	Dr. Shivam Narayan

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38	04-07-2021	Audio	First Consult	PREMAD	35/M	Sharda	Headache, dry cough, sore throat	1- Tab. Ashwagandha ghanjavat 250mg B.D. With warm water. 2- Santanu powder 500mg B.D. with warm water. Advice - Take Lukewarm water. Take milk with haldi at Night. Take all medicine 15 days.	Dr. Brijendra
39	04-07-2021	Audio	Follow up	HEKAVI	42/F	Shankar	Sore throat, dry cough, malaise	1- Tab. Ashwagandha ghanjavat 250mg B.D. With warm water. 2- Tab. Guduchi Ghosm vat 500mg B.D. with warm water. 3- Yashtimadhi Churon 5gram B.D. with honey. Advice- Gargling with warm water with an added pinch of Turmeric & salt. Steam inhalation with warm, jodina, Kapoor one a day. Take sleep 7-8 hours.	Dr. Brijendra
40	04-07-2021	Audio	First Consult	KUMAR DIVYANAV	35/M	Purnali Pat	Loose motion, mild fever	TAB- Kutajghosm vat 2 tab B.D. with luke warm water, TAB- Guduchighosm vat 500 mg B.D with warm water. Advice - Take Takra for 7 days	Dr. Mihir Sarjan
41	04-07-2021	Audio	First Consult	KSHILASHA	23/M	Neerajson	Mild Fever, Headache, Sore throat, Nasal congestion	1-Tab Santanu ghosm vat 500mg B.D with warm water 2-Tab Vyoshaki vat 2 Pills 3 times for chew 3-Nagajadi kadiya 25ml B.D Advice 1-Physical distancing, Hand hygiene, wear mask 2-Gargle with warm water along with an added pinch of turmeric & Salt 3-Sand application of Amrutha T twice a day.	Dr. Shivam Chaudhary



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